GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:2197
ANSWERED ON:02.12.2009
INTRODUCTION OF YOGA IN SCHOOLS
Sugavanam Shri E.G.

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether any proposal is under consideration of the Government to make Yoga compulsory in all schools;

(b) if so; the details thereof; and

(c) the time by which the above proposal is likely to be implemented?

Answer

MINISTER OF HUMAN RESOURCE DEVELOPMENT (SHRI KAPIL SIBAL)

(a) to (c): Yoga is one of the core components of health and physical education that has been a compulsory subject upto the secondary school stage in the Central Board of Secondary Education curriculum since 1988. The National Curriculum Framework 2005 uses a holistic definition of health within which physical education and Yoga contribute to the physical, social, emotional and mental develonment of a child.